

North East Coaching Collective

Di Robertson



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Coaching style

I'm an experienced coach, and clients have said I am warm and energetic and good at asking questions. I am quite focused on people making progress and understanding what is really preventing them from getting where they want to be. I like sessions to be informal and creative, and conversations will often cover many aspects of a person's life in order to understand where people's strengths and motivations lie. I believe coaching is a shared experience where the development of a trusting relationship is key. My aim is to continue to learn and develop skills as a coach and to make the experience as worthwhile as possible for every individual.

Key skills

- I have line managed staff in the public sector for many years with established supervision skills
- I am a trained relationship support therapist and a qualified IAPT supervisor
- I am confident in using a range of coaching tools
- I enjoy working with groups and have experience in delivering workshops for professionals particularly in the context of strategic development

Career and active citizenship experience

Most recently I worked for a national children's charity, and before that I led a team supporting local authorities to implement the national Reducing Parental Conflict programme. I worked for Newcastle city council children's services for 20 years both in strategic and operational roles: children's services manager, family support manager, substance misuse commissioner, and advisory teacher. Before this, I worked on the child poverty programme at Government Office NE; languages teacher at a secondary school in Gateshead and a drug counsellor in the voluntary sector. I have an MBA from Northumbria University. I've volunteered as a charity trustee for over 10 years. Currently Changing Futures NE in Hartlepool, and formerly West End Food Bank and Tyneside Women's Health.